



2024 Summer Schedule

June 3 to July 26

* schedule is subject to change*

Mighty Bucs (MB)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
WATER 5:30 - 6:30pm <i>*5 to 10 min of dryland</i>	OFF	WATER 5:30 - 6:30pm <i>*5 to 10 min of dryland</i>	OFF	WATER 5:30 - 6:30pm <i>*5 to 10 min of dryland</i>	DRYLAND 10:30 - 10:45AM WATER 10:45 - 12:00pm	OFF

Lil Bucs (LB)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
WATER 4:00 - 5:15pm <i>*5 to 10 min of dryland</i>	OFF	WATER 4:00 - 5:15pm <i>*5 to 10 min of dryland</i>	OFF	WATER 4:00 - 5:15pm <i>*5 to 10 min of dryland</i>	DRYLAND 10:30 - 10:45AM WATER 10:45 - 12:00pm	OFF

Age Group Performance 2 (AGP2)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dryland 4:15 - 5:00pm WATER 5:00 - 6:30pm	Dryland 4:15 - 5:00pm WATER 5:00 - 6:30pm	OFF	Dryland 4:15 - 5:00pm WATER 5:00 - 6:30pm	Dryland 4:15 - 5:00pm WATER 5:00 - 6:30pm	Dryland 4:15 - 5:00pm WATER 5:00 - 6:30pm	OFF

Age Group Performance 1 (AGP1)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dryland 4:15 - 5:00pm WATER 5:00 - 6:30pm	Dryland 4:15 - 5:00pm WATER 5:00 - 6:30pm	OFF	Dryland 4:15 - 5:00pm WATER 5:00 - 6:30pm	Dryland 4:15 - 5:00pm WATER 5:00 - 6:30pm	Dryland 8:00 - 8:30am Water 8:30 to 10:30am	OFF

High Performance (HP)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
** Separate High Performance Schedule Online**						

****ALL PRACTICES ARE TO BE HELD AT TAMPA PREP****